

Half Human HIIT Bike

H Δ L F | H U M Δ N



Featuring a robust, dual-action design for effective upper and lower body workouts, the Half Human HIIT Bike is an ultimate workout partner and a powerful, calorie-burning training tool. For a natural feel and a smooth pedalling motion, the bike has a fan resistance system delivering infinite resistance levels. With Bluetooth connectivity and an integrated tablet holder, the air bike lets you train with the compatible Zwift and Kinomap apps. Explore real outdoor routes, structured workouts with coaching and interval training, challenge your friends in a multiplayer mode or immerse yourself in exciting video-game style training. Keep track of your progress on a user-friendly 5" LCD display and choose from 8 programmes to challenge your stamina and strength.

■ Key Features

Half Human HIIT Bike

Resistance: 10 Levels air resistance

Console: 5" backlit LCD screen

Console Feedback: RPM, Pulse, Distance, Level, Cycle, Speed, Watts, Watts AVG, Time, Time/1km, Calories/hr

Programmes: Manual, interval, countdown, target

Bluetooth Connectivity: Yes

Compatible Applications: Zwift, Kinomap

Heart Rate Measurement: Bluetooth Smart wireless receiver (chest strap optional)

Additional Features: Integrated tablet holder, water bottle holder, dual-action design, leg levellers

Seat: Standard, cushioned adjustable seat

Handlebar: Multi-grip handlebars with horizontal and vertical adjustment

Pedals: Non-slip ergonomic pedals

Product Weight: 51kg (112lbs)

Max. User Weight: 150kg (331lbs)

Dimensions: Length=136.5cm (54"), Width=62cm (24"), Height=124cm (49")

Transport Wheels: Yes, front-mounted

Power Supply: 4 x AA batteries (included)

Warranty Type: Commercial

Warranty: 2 years